Emergency contacts worksheet

Date contact details checked: _____
In an emergency in Canada: 911. Abroad, find out the local emergency number.

TRUSTED PEOPLE
Name / relationship / telephone: _____
Name / relationship / telephone: _____

INSURANCE AND ASSISTANCE
Home insurer / telephone: _____
Auto insurer / telephone: _____
Claims service / telephone: _____
Roadside assistance / telephone: _____
Travel assistance / telephone from abroad: _____
Other contact / telephone: _____

USEFUL REFERENCES
Location of insurance documents: _____
Location of the inventory backup: _____
Personal instructions: _____
_____

Check contact details on official documents. Keep this worksheet in a safe place and share it only with the people concerned. Do not enter passwords or banking information.